# What's on

## Romsey Close

**Children's Centre and Family Hub** 

### January to March 2025



### More information on our sessions

Healthy Start Vitamins To collect vitamins, please bring your healthy start card and/or Red Book along to the centre reception.

Talking Therapies



#### Welcome to your Children's Centre

A new session for expectant and new parents to come along and meet the team and find out what is on offer at their local centre.

#### Play and Learn

To book on to a Play and Learn session please call between 8.30 and 9am on the morning of the session. Spaces are limited so we advise you to call early to book.

#### Have you registered with your Children's Centre and Family Hub?

Please scan the QR code for a registration form.



#### For Breastfeeding Support Please contact Jacqui Shadrache on 07889 304302 or email Jacqui.Shadrache@slough.

Wellbeing Service Help to work through problems and feel empowered to find solutions to issues such as benefits, debt, housing eviction, realistic goal setting, losing weight, improving fitness and more!

Healthy Start If you are on a low income and receiving certain benefits, you may be entitled to help to buy food and milk. For more information please see How to apply - Get help to buy food and milk (Healthy Start) Other Local Library Sessions Langley Library Monday 2-2.30pm Friday 11-11.30am

**The Curve** Saturday 11-11.30am gov.uk

NEW: Facebook Group Once you have registered, join our Facebook group to keep up to date with what is going on in your local area: Romsey Close Family Hub



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